

# Rezepte zur Einschulung

Instructions No. 867



**School bread recipes for first-graders to start school**

## **School Bread Wrap "Bio and Fyschik"**

Ingredients:

- 1 wrap
- 1 tablespoon sour cream (crème fraîche, sour cream or sour cream)
- 1 slice of smoked salmon
- 2 leaves Romaine lettuce
- 1 stick of spring onion
- Parsley

There you go

- Warm the wrap briefly (pan or microwave).
- Then spread with sour cream and add parsley as desired.
- Romana salad and cut into Salmon fine strips, spring onion into small rolls.
- Spread everything evenly on the wrap and roll up as described above.

Decoratively and creatively wrapped wraps can be packed into Napkins, the with Decorative ribbons are held together. Here comes joy when unpacking **school bread** on. With the giant Selection on Napkins, is for each child the suitable Motive

Small messages can be conveyed, for example, with self-made labels But be careful! "Mommy's boyfriend" or "Clean up your room!" are guaranteed "embarrassing!"

**School lunch recipe for school enrolment** - should it be the schoolyard classic?

The good old cheese bread (with fresh bread and delicious cheese and especially fresh cheese as a butter substitute) can also be made more interesting and tasty. With the loving details every upcoming math test is much easier or consoles over messed up dictations.

With masking tape and wooden sticks, mini pennants are designed in Nu. These have the big advantage, that a **sandwich** with a thick layer of **sandwiches** finds the necessary hold and can therefore be eaten more easily

**Breaktime bread tinker kit**, because all the individual parts fly around in the lunch box after transport, excluded Besides, it looks nice  
Sweet gimmick: Sting into bread with cookie cutters for cookies  
A little surprise done in five seconds

### Dessert in the schoolyard

Mandariums, nuts and raisins for a snack between meals.  
The nerve food ration for in-between was put into small bags  
decanted and decorated with lace paper.

With these ideas for creative breaktime snacks, variety is added to everyday school life  
Of course, there must be enough to drink, at least 0.5 l of water.

**Under the following links you will find more ideas for creative tinkering of school bags with handicraft instructions**

- [Our idea for the "Crocodile" school bag](#)
- [Our creative handicraft instructions School bag "Toadstool" tinker](#)
- [Our handicraft idea school bag "carrot and rabbit" handicraft](#)
- [Our creative school bag "Freak" tinker](#)
- [Our storage schoolbag "Schoolbag ABC" tinker](#)

### School lunch idea for the first graders

Something different from the classic **sandwich**: fresh, healthy and tasty - that's how it is, the school bread wrap!  
It competes with the **school lunch** for first graders!

The nice thing about the wrapped snack is that wraps are made to order,  
To fill your mood and hunger with delicious food. Sometimes even half a  
Wrap to **create** a handy portion for the ABC shooter.

Plenty of space for healthy salads, tomatoes, cucumbers and other vegetables is always available

We have two appetizing **recipe suggestions** for your **first day at school**:

### Schoolbread wrap "PISA" style:

Ingredients:

- 1 wrap
- 1 tablespoon sour cream (crème fraîche, sour cream or sour cream)
- 6-8 mozzarella balls
- 2 tablespoons pesto
- 2 leaves Romaine lettuce
- 5 cherry tomatoes
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There you go:

- Heat the wrap briefly in the pan (or in the microwave)
- Remove the wrap from the pan and spread with sour cream
- Cut the mozzarella balls in half and mix with pesto
- Cut lettuce leaves into bite-sized strips and spread on the wrap
- Halve the cherry tomatoes and add them as well.
- Now add the mozzarella-pesto mixture to the snack.

Now you have to wrap

- First knock in the lower part slightly,
- then roll in from one side as tight as possible.
- Fix it with cling film so that the wrap can
- all the way to the schoolyard and break time.

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